

# Effect of production factors on muscle fiber type and dimensions in the m. semimembranosus of crossbred steer carcasses

Anusha Sivakumar<sup>1</sup>, Patience Coleman<sup>1</sup>, Bimol C. Roy<sup>1</sup>, Heather L. Bruce<sup>1</sup>

<sup>1</sup>Faculty of Agriculture, Life, and Environmental Sciences, University of Alberta

## Abstract

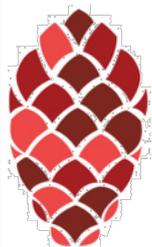
The muscle fibers that have been examined in the study were affected by three different controlled factors: steroids, ractopamine and residual feed intake (RFI). By examining the effects of the controlled factors on cattle's muscle fibers, it can be determined if they affect different meat properties, such as meat toughness, collagen solubility and muscle fiber quality. The research had been done specifically with m. semimembranosus (SM) of crossbred steers. Although some may be concerned with the health effects of steroids and other materials, no negative effects to the health of the cattle were observed after the use of steroids. This is because the hormones being introduced into the cattle's body already exist in the animal. In addition, the same concept applies to humans who consume the meat, preventing harm the people who consume it. For this study, 48 crossbred angus steers were used, 12 for each of the different treatment groups. The control group consisted of no steroids and no ractopamine. The second group was not treated with steroid but with ractopamine. The third group was treated with steroids but no ractopamine. Finally, the fourth group was treated with both, the steroids and the ractopamine. For each SM muscle, 1-inch thick steaks were cut and from those steaks, 1cm<sup>3</sup> cubes were cut. These cubes were frozen in dry ice acetone until they are ready to be sectioned. Cubes are placed in the cryostat and sliced into serial sections of 10 $\mu$ m. These serial sections are then mounted onto dry slide glass and stored in a freezer at -80°C until they are to be stained. The staining process helps to identify the different types of muscle fibers in the samples. From the muscle fiber types, the average sizes of each muscle fiber is calculated to identify inconsistencies among the different treatment groups. Conclusions will be drawn based on the inconsistencies found (if any).

Key words:

Cattle, Alberta, Muscle Fiber, staining

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# Effect of production factors on muscle fiber type and dimensions in the *m. semimembranosus* of crossbred steer carcasses

Anusha Sivakumar, Pattience Coleman, Bimol C. Roy, Heather L. Bruce  
Faculty of Agriculture, Life, and Environmental Sciences, University of Alberta, Edmonton, Alberta, Canada, T6G 2P5



## Introduction

The use of steroids, the beta-adrenergic agonist ractopamine and selection for residual feed intake (RFI) are common beef production management tools to increase cattle growth rate and feed efficiency. Characteristics of muscle fibers can affect meat quality by affecting meat color, water-holding capacity, marbling, and texture. Examining and analyzing the influence of production practices on these factors can help understand the relationship between production practices, muscle fibers and meat quality. The objective of the research was to examine the effects of growth-promoting steroids and ractopamine and selection for low residual feed intake on different aspects of meat quality such as toughness, collagen solubility and muscle fiber types and dimensions. The research presented is specific to one muscle, the *semimembranosus* (SM), from crossbred steer carcasses.

## Materials & Method

**Materials**  
For the study, 48 crossbred Angus steers were used, 12 for each of the following treatment groups: no steroid + no ractopamine (control); no steroid + ractopamine; steroid + no ractopamine; and steroid + ractopamine.

### Creating muscle sections

From each SM muscle, 1-inch thick steaks were cut (Fig. 1a) and then 1 cm<sup>3</sup> cubes were cut from the steaks (Fig. 1b), that were frozen in acetone chilled in dry ice and stored at -80°C until they were sectioned. For sectioning, the cubes were removed from the freezer and placed in a cryostat with a moderated temperature of -25°C. In the cryostat, transverse serial sections of 10 µm were cut and mounted onto dry slide glass. The slide glasses were stored at -80°C until staining for myosin ATPase activity. After staining, images were captured of the muscle fiber sections with the three different types of staining that the samples undergo. All the muscle fiber dimensions were measured using the software program ImageJ.

Figure 1: Semimembranosus muscle from experimental steers (a) indicates steak sampling position for muscle fiber types and diameter. Meat steak from semimembranosus muscle (b) indicates the muscle cubes (1cm x 1cm x 1cm) used for muscle fiber types and diameter determination.

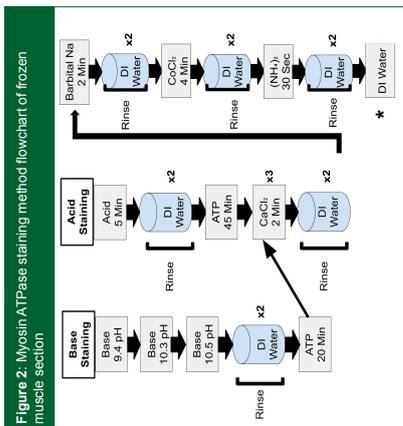


Table 2: Least squares means (±SEM) of different carcass characteristics of crossbred steers subjected to different growth promoters.

Measurements	Steroid		Ractopamine		RFI		
	Yes	No	Yes	No	Low	High	High
Final live weight (kg)	705.30 ± 5.60a	632.76 ± 4.98b	687.87 ± 5.16	687.86 ± 4.66	687.19 ± 4.86	688.21 ± 5.98	688.21 ± 5.98
Carcass weight (kg)	380.65 ± 4.14a	339.69 ± 3.83b	362.34 ± 4.02	356.01 ± 4.37	358.64 ± 4.37	363.63 ± 4.37	363.63 ± 4.37
Semimembranosus muscle weight (kg)	6.56 ± 0.17a	5.71 ± 0.10b	6.12 ± 0.16	6.14 ± 0.18	6.11 ± 0.18	6.15 ± 0.18	6.15 ± 0.18
Warner-Bratler shear force (N)	51.98 ± 1.42a	42.39 ± 1.33b	48.21 ± 1.37	46.16 ± 1.37	46.91 ± 1.24a	45.45 ± 1.50b	45.45 ± 1.50b

a, b = means differences at P < 0.05  
\* = means differences at P < 0.10

Table 3: Three-way interaction between steroid, ractopamine and RFI for type I muscle fiber (% of SM muscle of crossbred steers subjected to different growth promoters)

Steroid	Ractopamine	Residual Feed Intake	Type I (%)	
			Yes	No
Yes	No	H (non-efficient)	14.03 ± 2.24b	17.04 ± 1.69 b
		L (efficient)	17.04 ± 1.69 b	17.04 ± 1.69 b
Yes	Yes	H (non-efficient)	16.73 ± 1.84b	19.56 ± 2.00a
		L (efficient)	19.56 ± 2.00a	19.56 ± 2.00a
No	No	H (non-efficient)	10.51 ± 1.83c	16.13 ± 2.03b
		L (efficient)	16.13 ± 2.03b	16.13 ± 2.03b
No	Yes	H (non-efficient)	15.25 ± 1.99b	15.25 ± 1.99b
		L (efficient)	15.25 ± 1.99b	15.25 ± 1.99b

a, b, c = means differences at P < 0.05

Table 4: Least squares means (±SEM) of different muscle fiber characteristics of crossbred steers.

Measurements	Steroid		Ractopamine		RFI		
	Yes	No	Yes	No	Low	High	High
Mean muscle fiber diameter (µm)	29.9 ± 0.5	28.1 ± 0.4	29.6 ± 0.5	29.6 ± 0.5	29.6 ± 0.4	29.4 ± 0.5	29.4 ± 0.5
Type I mean muscle fiber diameter (µm)	26.9 ± 0.4	26.5 ± 0.4	26.9 ± 0.4	26.5 ± 0.4	27.4 ± 0.4a	26.0 ± 0.5b	26.0 ± 0.5b
Type IIA mean muscle fiber diameter (µm)	27.5 ± 0.5	26.3 ± 0.5	27.2 ± 0.4	26.7 ± 0.5	27.2 ± 0.4	26.7 ± 0.5	26.7 ± 0.5
Type IIB mean muscle fiber diameter (µm)	33.9 ± 0.8	33.3 ± 0.7	33.8 ± 0.8	33.4 ± 0.7	34.3 ± 0.8	32.9 ± 0.7	32.9 ± 0.7
Type I muscle fiber (%)	19.7 ± 1.1	16.5 ± 1.1	16.7 ± 1.1	16.5 ± 1.1	14.9 ± 1.0y	17.3 ± 1.2x	17.3 ± 1.2x
Type IIA muscle fiber (%)	39.6 ± 2.7	40.3 ± 2.6	39.6 ± 2.6	39.8 ± 2.6	37.4 ± 2.3	42.5 ± 3.0	42.5 ± 3.0
Type IIB muscle fiber (%)	43.7 ± 2.7	44.3 ± 2.9	43.2 ± 2.9	44.7 ± 2.7	47.7 ± 2.4	40.3 ± 3.1	40.3 ± 3.1

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## Materials & Method Cont'd

### Staining

There are three different staining processes that the slides undergo to help identify the different types of muscle fibers in the samples. The NADH-TR (Nicotinamide adenine dinucleotide tetrazolium reductase) staining (Fig. 3a) is a method to identify different muscle fiber types whether oxidative or glycolytic (metabolic pathways). The alkali pre-incubation myosin ATPase staining (Fig. 3b) will react with type I muscle fibers (IIA and IIB) rather than type. The acid pre-incubation myosin ATPase staining (Fig. 3c) is stable for type I muscle fibers but IIA and IIB are unstable. These two staining methods identify twitch speed (contractions) in the muscle fibers. The muscle fibers with nearly no color at all are type IIB. Different methods of staining are used to easily and with certainty identify all three different types of muscle fibers (Table 1).

Table 1: Muscle fiber staining reactions by muscle fiber type

Methods	Type I	Type IIA	Type IIB
Myosin ATPase Alkali (b)	-	++	+++
Myosin ATPase Acid (c)	+++	-	-
NADH-TR (a)	+++	+	-

Figure 3: Histochemistry of muscle fiber typing in semimembranosus muscle. (a), NADH-TR, Myosin ATPase activity (b), at alkaline pre-incubation (pH 10.5) and (c), at acid pre-incubation (pH 4.3). Bar = 200µm

